

BECAUSE IT TAKES MORE THAN FOOD TO FEED THE HUNGRY



# ADOPT-A FAMILY 2024

## SEP. 1-NOV 15.

HELP YOUR NEIGHBORS PUT A HOLIDAY MEAL ON THEIR TABLES THIS SEASON

### Items needed for a full family Thanksgiving meal include\*:

- 4 Cans** of Vegetables (Corn, Carrots, Green Beans, etc.)
- 4 Cans** of Fruits (Pears, Clementines, Mixed Fruits, Pineapples, etc.)
- 1 Box** of Stuffing
- 1 Box** of Mashed Potato Mix
- 2 Cans or Packets** of Gravy
- 1 Can** of Cranberry Sauce
- 1 Can** of Yams
- 1 Box** of Corn Muffin Mix
- 1 Box** of Complete Dessert Mix (Brownie Mix, Cookie Mix, etc.)
- 1 Fully Frozen** Turkey/Turkey Breast/  
Whole Chicken (protein is **optional**)

**We kindly request that you only give us non-perishable items that are either boxed or canned.**



**Scan the QR code or visit our website [licares.org](http://licares.org) to find a drop off location near you.**

\*We accept gift cards to provide holiday foods from different cultures.

**Please ensure that the gift cards have receipts and are NOT stapled to anything.**

STUDENTS WILL RECEIVE 1 HOUR OF COMMUNITY SERVICE PER FULL BAG DONATED  
(Protein does not have to be included)