

BECAUSE IT TAKES MORE THAN FOOD TO FEED THE HUNGRY



The Most Needed  
Food and Specialty Items  
for Families on  
Long Island



## Please Donate Today



300,000 People Are Hungry On  
Long Island Each Day



- Cereal
- Juice (Plastic Container)
- Shelf-Stable Milk
- Peanut Butter
- Jelly
- Rice
- Macaroni & Cheese
- Pasta
- Condiments
- Canned Fish
- Canned Meat
- Canned Vegetables
- Canned Fruits
- Canned Soups
- Jello and Pudding
- Cookies and Crackers
- Granola and Nuts
- Pancake/Cake Mix

### We also accept:

School Supplies  
Birthday Party Supplies  
Household Goods  
Pet Food

Personal Care  
Baby Care  
**New** Toys  
**New** Hats, Gloves, Socks



These items are given to over 600 Nassau and Suffolk County  
Not-for-Profit organizations who immediately distribute to families

#### For More Information Contact:

Long Island Cares; Inc. - The Harry Chapin Food Bank

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