A Message from our Chief Executive Officer

2019 Long Island Cares Board of Directors

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Dan Siegel
Jeff Yablon

Long Island Cares Leadership Team

Paule Pachter, ACSW, LMSW
Chief Executive Officer

William Leonelli, MS, CPA
Chief Financial Officer

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Chief Operations Officer

Katherine Fritz
Chief Development and Communications Officer

Michael W. Haynes, MPA
Chief Government Affairs Officer

Jessica Rosati, PhD
Chief Programs Officer

Kristine Lehn
Chief Network Officer

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Long Island Cares, Inc. – The Harry Chapin Food Bank, is Long Island’s recognized regional
food bank, founded in 1980 to respond to the need for emergency food assistance in
Nassau and Suffolk counties. Food insecurity does not exist in a vacuum. It is interwoven
with unemployment, mortgage foreclosure, and poverty. Those experiencing food insecurity
are generally in need of other services as well.

Long Island Cares has become one of the most comprehensive food banks and hunger
assistance organizations within the Feeding America network. With the support of a
dedicated board of directors, talented staff, generous financial donors, concerned food
donors, valued volunteers, and corporate and government partners, we respond to food
insecurity in many ways including our network of 331 member agencies. These partner
agencies operate 520 programs distributing emergency food, personal care items, school
supplies, toys, household supplies, pet food, and other needed items and support more
than 259,000 hungry and food insecure Long Islanders.

No other food bank has developed the network of direct service programs that exist in
our five satellite centers, Baxter’s Pet Pantry, Vets Work, Hope for the Homeless, and
our Children’s Mobile Breakfast Food Trucks to reach those in need. Over the past 13 years,
Long Island Cares has evolved into one of our regions’ most respected and generously
supported nonprofit humanitarian organizations. Long Island Cares is an historic
organization. The series of first-of-its-kind and award-winning direct service programs
established in conjunction with our role as the regional food bank has allowed us to
continue to expand our services and reach across all of Long Island.

In reading the 2019 Annual Report, we hope you will understand just how essential our
work is, and how your continued support and contributions to our organization has made
an impact on your Nassau and Suffolk neighbors during the past 40 years. Harry Chapin
saw hunger as “the shame of America” and did something about it when he founded
Long Island Cares one-year before his death at age 38. Your support and involvement in
Long Island Cares’ mission ensures that Harry’s legacy will continue for years to come.

Sincerely,

Paule T. Pachter, ACSW, LMSW
Chief Executive Officer, Long Island Cares, Inc.
Long Island Cares, Inc, founded in 1980 by Harry Chapin, a singer, Grammy Award winning songwriter and social activist has the distinction of being the first food bank to be established on Long Island. Harry Chapin used his popularity and celebrity status in the 1970's to call attention to the issue of hunger in America and performed on average 200 concerts per year stating he; “performed one for himself and one for the next guy.”

In 1981, on his way to perform a free concert at Eisenhower Park in East Meadow, Harry died in a automobile accident, leaving behind a legacy of songs and accomplishments that include founding Long Island Cares, Inc. – The Harry Chapin Regional Food Bank. Long Island Cares is one of almost 200 food banks across America that provides food to people impacted by hunger and food insecurity. When founded, Long Island Cares served a mere handful of agencies in Nassau and Suffolk Counties, but today, it distributes more than ten million pounds of food and supplies annually to nearly 331 member agencies in Nassau and Suffolk Counties. Additionally we operate 5 satellite offices, and our main office, warehouse, and distribution center in Hauppauge. While the distribution of nutritional food is at the heart of Long Island Cares’ operations, we place major emphasis on understanding and responding to the root causes of hunger and food insecurity, providing a broad array of direct service programs to meet the humanitarian needs of our region. This focus, along with our unique programs distinguishes Long Island Cares from other similar hunger relief organizations.

Stronger Together.
You helped provide 8,455,997 meals for Individuals and families impacted by food insecurity.
Food Insecurity does not discriminate. It impacts every community in the United States and can be long term or temporary. Caused by several factors including income, employment, and disability, the USDA defines Food Insecurity as limited or uncertain access to adequate food. Hunger is a result of food insecurity — a prolonged and involuntary lack of food.

259,000 Long Islanders are food insecure including 89,000 children.

Faces of Hunger on Long Island

Children

Families

Homeless

Seniors

Veterans
Long Island Cares is improving the lives of all Long Islanders facing food insecurity. We believe in a Hunger-Free Long Island and are doing this by developing unique programs to address each community’s specific needs, working with our government officials, partnering with corporations, and always staying committed to those we serve.

Because of you, in 2019, the Hunger Assistance & Humanitarian Center of the Hamptons was opened to assist struggling individuals and families in the Hamptons area. We also celebrated Baxter’s Pet Pantry opening in Lindenhurst, assisting families with difficulty purchasing pet food and supplies, and developed a home food delivery program dedicated to helping homebound seniors, Supporting Our Seniors (S.O.S).

With your help, Long Island Cares will continue to provide nourishment, empowerment, hope, and inspiration to individuals, children, and families on Long Island.

533,349 meals were delivered from our First Stop Pantries.

**Total number of assistance**

In 2019, 59,193 people received assistance at our satellite locations. This represents an increase of 22,110 people or 59.6% (Huntington, Freeport, Lindenhurst).

In 2019, 533,349 meals were delivered from our First Stop Pantries.
Agency Relations

Long Island Cares contracts with 331 member agencies that operate 520 programs across Suffolk and Nassau Counties. These agencies distribute food and essential supplies to their clients. Several agencies also provide meals to their clients. Programs include:

- 313 food pantries
- 36 soup kitchens
- 43 shelters
- 59 group homes
- 3 Day rehab centers
- 5 daycare centers
- 37 child nutrition programs (Kids Cafe, Pack It Up For Kids)
- 11 government programs
- 28 residential recovery centers
- 2 disaster relief programs

Long Island Cares performs a vital role in the growth and efficiency of our member agencies by assisting with food orders, including pickups and deliveries, providing educational workshops on food safety, nutrition, civil rights, advocacy, disaster preparedness, cooking demonstrations, and grant writing.

Each member agency program is reviewed for the New York State Department of Health HPNAP and USDA TEFAP eligibility. We conduct regular site visits to ensure that Member Agencies are compliant with all government contracts and food safety and handling regulations.

331 member agencies representing 520 different programs received a total of 10,187,948 pounds of product, which includes donated products, USDA TEFAP commodities and NYS Department of Health HPNAP foods.
Making a Difference Through Innovative Programs

Mobile Outreach

Recognizing the demographic and landscape challenges on Long Island, Long Island Cares developed a series of mobile services to bring emergency food and supplies to areas lacking resources. Among them are the following:

**Mobile Pantry**

Long Island Cares, Inc. Mobile Food Pantry provides Home Delivery, serves as an Ancillary Pantry, and provides Emergency Distribution Services.

Home delivery provides nonperishable food, personal care products, household supplies and pet food to high-risk, homebound individuals in need, including senior citizens, disabled veterans and persons diagnosed with medical conditions that make it impossible for them to travel to their local food pantry.

Ancillary Pantry provides additional nonperishable food to our network of local pantries that do not have adequate storage space or are experiencing an increase in demand.

Emergency Distribution Services (EDS): The EDS will, in the event of an emergency such as fire, loss of electricity or heat, flood, etc., dispatch our Mobile Pantry vehicle to deliver both nonperishable
and fresh food products in an effort to maintain continuous operation of the food pantry without interruption at a time of crisis. In addition, EDS will provide emergency deliveries to individuals in crisis experiencing food insecurity.

Mobile Outreach Resource Enterprise (M.O.R.E.)
Long Island Cares’ Mobile Outreach Resource Enterprise (M.O.R.E) mobile vans provide information, referral assistance, and emergency food to people in easily accessible locations such as libraries, parks, and shopping centers. Designed to enhance and supplement the services provided by our member agency network, these custom-converted vans travel throughout Nassau and Suffolk Counties, bringing more food and resources directly to people in need.

Hope for the Homeless
Hope for the Homeless focuses on the specific needs of the homeless in your communities. Long Island Cares partners with Nassau and Suffolk Counties to bring programs and resources to the often considered “Invisible” population.

- housing information & referrals
- ready-to-eat emergency food
- personal hygiene items.

Hope for the Homeless outreach unit provided 10,174 meals to homeless individuals and families.
Children’s Nutrition Programs

School is a place for education and socialization, but for many children, it is the only place they can get a meal. Over 89,000 children experience food insecurity on Long Island. Our Children’s Nutrition programs work to help fill the gap between school and home.

Kid’s Cafe After School Mentoring
Operated in partnership with existing community organizations or public schools that already congregate during the after-school hours, Kid’s Cafe offers:

- Free nutritious meals
- A safe, clean and supervised environment in which children can do their homework and participate in other educational, recreational and social activities.
- Nutrition education throughout the year.
- KidsStock Newsletter, a publication with age appropriate nutritional information, including submissions from our Kids Cafe participants.

Mobile School Pantry
The mission of the Mobile School Pantry program is to alleviate child hunger through the provision of emergency food to children and their families at school. Long Island Cares currently operates a mobile school pantry at the Brentwood Union Free School District, and Riverhead Central School District.

Aspara’Gus’ Children’s Breakfast Food Trucks
Long Island Cares is the only food bank to provide commercially designed Mobile Breakfast Food Trucks to deliver nutritious, ready to eat, ‘Grab-n-Go’ breakfasts for children struggling with food insecurity.

During the School year, 4,028 individuals were served.

Aspara’Gus’ Food Trucks served 12,238 children.

Aspara’Gus’ Children’s Breakfast Food Trucks
Operated in partnership with existing community organizations or public schools that already congregate during the after-school hours, Kid’s Cafe offers:

- Free nutritious meals
- A safe, clean and supervised environment in which children can do their homework and participate in other educational, recreational and social activities.
- Nutrition education throughout the year.
- KidsStock Newsletter, a publication with age appropriate nutritional information, including submissions from our Kids Cafe participants.

Kids Cafes’ provided a total of 91,299 meals to 763 children in need.
Pack it Up for Kids programs provided a total of 8,755 bags of food, totaling 14,082 meals for 2,347 children.

Pack It Up For Kids (Weekend Meals Program)
Pack It Up For Kids provides nonperishable, easy-to-prepare, nutritious food for children on weekends and during school vacation periods. Each child discreetly receives a pack with enough food for six meals and two snacks.

Summer Food Service Program
This program fills the nutritional gap for children in need during the summer months. Low income children, who rely on free or reduced-priced school meals receive nutritional food when school is not in session. Offered free to children 18 years of age and younger at designated sites.

You provided 14,846 meals for children in our Summer Food Service Program.
Veterans Program

As troops transition from the front lines to the home front they often face financial hardship and food insecurity. Long Island Cares’ comprehensive Veterans Project offers an array of veteran programming designed to help returning service members and their families assimilate back into civilian life.

Military Appreciation Tuesdays

- Our veterans deserve our support, so every Tuesday Long Island Cares’ pantries in Huntington Station, Lindenhurst, and Freeport, open their doors exclusively for veterans and their families to access food, personal care items, household products, pet food, and even school supplies.

Veterans Mobile Outreach Services

- The Veterans Project Mobile Outreach Unit distributes food, household supplies, and information on various support services at community-based veteran events, such as Veteran Stand Downs.

- Long Island Cares delivers nutritious meals on a biweekly basis to eligible homebound veterans unable to receive support through their local pantries.

1,206 veterans, military personnel and families visited our satellite locations on Military Appreciation Tuesdays.
VetsWork

- VetsWork is about empowering our heroes. Long Island Cares works directly with our veterans to help build their job skills (i.e. cover letter and résumé writing), aid in their job search process, and facilitate real workplace experience through numerous volunteer and training opportunities.

40 veterans were placed in gainful employment positions.

“My experience with Long Island Cares has been such a beautiful and positive experience. I’ve received assistance from Long Island Cares for about 15 years now. I don’t have to travel far to receive assistance from LI Cares because I am blessed that they have a location right here in Freeport, where I live. I’m so blessed to come to LI Cares to see people with smiles on their faces and open arms ready to help you, ready to... you can see that they really care about what they are doing. Long Island Cares provides such great information for homeless veterans.”

~ Harry, U.S. Army

The Veterans Project Mobile Outreach Unit distributed 35,723 pounds of food and other products to veterans in need.
Hunger affects all family members, including pets. Established in 2009, Baxter’s Pet Pantry assists families that have difficulty purchasing pet food and supplies.

With the support of the Animal Relief Fund (ARF), Petco, VCA Charities, and other organizations families are kept together instead of having to place their pets in a shelter.

Long Island Cares accepts donations for all types of pets — those with paws, fins, wings, tails, hooves, whiskers, and others that we call pets.

Baxter’s Pet Pantry also offers toys, pet clothing, feeding bowls, cat litter and other pet supplies.

Baxters Pet Pantry

87,651 pounds of pet supplies were distributed through Baxter’s Pet Pantry.
Education and Workshops

In our crusade to end food insecurity, it is critical to educate the community and bring awareness to the devastating effect of hunger on the 259,000 individuals, children, and families living on Long Island.

We are also obligated to provide those at risk of food insecurity the skills and resources they need to overcome their challenges.

These programs, conducted within schools, clubs, local businesses, faith-based organizations, or any of our facilities, explore vital issues like food insecurity, the root causes of poverty, nutrition, and ultimately, the ongoing fight to end this crisis.

Hunger 101: “To Walk in the Shoes of a Person in Need”

For participants 12 years and older, Hunger 101 utilizes role-play to engage participants and expose them to the realities of hunger. Each participant receives a profile packet with information about the identity, income, and available resources of a person at risk of food insecurity. The personalities vary and may include being on a fixed income, a single parent dependent on public assistance, the victim of job loss, or the survivor of a natural disaster.

Just Say Yes

Just Say Yes to Fruits and Vegetables (JSY) is one of New York State’s premier nutrition education programs for low-income families and those participating in the Supplemental Nutrition Assistance Program (SNAP). Our Nutrition workshops offer lessons on stretching your food dollars, keeping food safe, making healthier food choices, and recipe demonstrations. JSY educational service focuses on preventing obesity and reducing long-term chronic disease risks that often plague lower-income individuals.

Long Island Cares hosted 112 Hunger 101 workshops and welcomed 2,509 participants.

111 JSY workshops were attended by 1,047 attendees.
New Paths to Achievement (NPTA)
Long Island Cares partners with the Department of Labor in Suffolk and Nassau Counties and several local community organizations to help individuals develop the skills they need to become self-sufficient. Workshops are hosted at all our sites and are available to individuals seeking help. Long Island Cares also offers one-to-one personal assistance.

- Personal Development
- Career Development
- Computer Training
- 1-to-1 Coaching & Mentoring

Kids United Against Hunger (KUAH)
We believe getting kids involved in charitable work assists them to become caring and helpful adults. Kids United Against Hunger, funded by United Way of Long Island, teaches kids about food insecurity, and provides them with the opportunity to volunteer at The Harry Chapin Food Bank in Hauppauge, New York.

Available to students in grades three through eight, young volunteers attend with their parent(s), guardian(s), or teacher(s).

Each program consists of:
- Orientation: All About LI Cares and how we help people in need get food and essentials.
- Hunger 101 Workshop: “To Walk in the Shoes of a Person in Need” this program is modified for different age groups.
- Community Service Project: Children and their guardian(s) participate in sorting food, personal care items, household supplies, pet food, and school supplies for distribution to Long Island Cares’ 331 member agencies.
Emergency Response and Recovery Services

Developed in 2012 in response to Superstorm Sandy, Long Island Cares, Inc. took the lead in coordinating and serving individuals severely impacted by the storm.

In the event of future storms and natural disasters, we are committed to assisting individuals and families with food and other essential supplies.

In 2019, Long Island Cares Emergency Response and Recovery Services:

- Long Island Cares’ staff, in collaboration with local officials, conducted the first community preparedness workshop.
- Pro-Bono Net, volunteer lawyers and legal aid advocated, met with 6 families affected by Hurricane Sandy to assist and provide feedback for the design of a FEMA guide.
- Long Island Cares staff and member agencies attended The Stop the Bleed/Active Shooter Workshop conducted by Stony Brook Trauma Center and the Suffolk County PD.
- The E.R.R. team attended the 2019 Disaster Convening Conference in Tampa themed “Building Resilience Together”.

Your gifts helped distribute $11K in gift cards through the satellite programs to support Government workers affected by the shutdown.
Volunteers

To serve over 259,000 Long Islanders impacted by food insecurity, we rely on dedicated volunteers.

- Warehouse Sorting & Repacking Program
- Clerical Tasks
- Long Island Cares Food Pantries
- Special Events
- Food Drives

Because of your dedication and service, we ‘Make a Difference’ in our communities. We are grateful for the time and hard work of volunteers.

1,971 volunteers were welcomed to Long Island Cares with a total of 25,455 hours; 107 corporations, 1,848 students.
Food Drives are the source for 12% of the overall product Long Island Cares distributes each year. In 2019, 4,041 food drives resulted in 782,183 pounds of donated food.

Community Food Drives

2019 proved to be the most successful year for the Food Drive Program, raising 782,183 pounds of food and emergency supplies. This success could not have been achieved without you – our generous donors, volunteers, and community partners.

8th Annual Legislative Pet Food Drive
- 69 Elected Officials and Community Groups
- raised a record of 22,521 pounds of pet food and supplies.

3rd Annual Summer Food Drive to End Hunger
- 12 Assembly Members
- 12 food drives
- Total of 19,693 pounds of food.

HIA-LI 2019 Summer Food Drive
- Raised 19,415 pounds of food throughout Summer 2019.

WALK 97.5’s “18th Annual Thanks-for-Giving Food Drive
- Ran from November 2nd through November 21st.
- 12 different King Kullen locations.
- A grand total of 23,887 pounds of food.

2nd Annual Adopt-A-Family for Thanksgiving

**Goal:** collect enough food to feed 5,000 Long Island families for Thanksgiving, equivalent to almost 100,000 pounds of food. Goal Surpassed! Long Islanders stepped up by donating enough food to feed 5,290 families.

In addition to the larger food drives, over 4,000 supporters and donors held food drives across Long Island, including supermarkets, Libraries, businesses, community organizations, corporate donors, and individual donors.
Development and Communications

Fundraising Events give Long Island Cares the opportunity to spread awareness, engage with donors and volunteers and raise revenue for our mission to bring together all available resources for the benefit of the hungry and food insecure on Long Island and, to the best of our ability, provide for the humanitarian needs of our community.

Each year Long Island Cares hosts two signature events, the Annual Fundraising Dinner (formerly Harry Chapin Humanitarian Award Dinner) and the Annual Golf Classic.

The 2019 dinner, held at the iconic Oheka Castle in Huntington, honored David and Toni Herold for their generous support of Long Island Cares; Youth Activist Avalon Fenster, Northeast Regional Director for March for our Lives as the 2019 Harry Chapin Humanitarian Youth Leader awardee for her leadership and outstanding citizenship; and Corporate Sponsor Island Federal Credit Union for its support and dedication to helping the homeless in Nassau and Suffolk Counties.

The Annual Golf Classic took place at the exclusive Meadow Brook Club in Jericho. Our golf enthusiast supporters enjoyed a day on the course before a friend-raising cocktail party with fabulous raffles and entertainment.

Together these events raised nearly $400,000 to help feed your neighbors in need.
Thank you for your extraordinary commitment to gifts to support our shared vision of a Hunger Free Long Island in 2019.

Alpern Family Foundation, Inc.
American Portfolios Foundation, Inc.
Bank of America
Capital One – Grants
Steven A. Castleton
Citizens Bank Foundation
James & Janet D’Addario
E.R. Holdings LLC
Eastern Reprographics Association Inc.
Enterprise Holdings Foundation
Estate of Nelson Baumgarten
Feeding America
Food Bank Association of NYS
H.W. Wilson Foundation, Inc.
Mr. & Mrs. David Herold
Elizabeth Herold
Island Federal Credit Union
Island Outreach Foundation
Jersey Mike’s Franchise Systems, Inc.
William M. & Alexis Joel
Virginia Joost
Kate W. Cassidy Foundation
King Kullen Grocery Co., Inc.
Knapp-Swezey Foundation, Inc.
Leviton Foundation, Inc.
Louis Auer Foundation
Mr. & Mrs. Joseph Mancino
Marcum Foundation
Mother Cabrini Health Foundation
Michael Naughton
Newsday Charities
Nordstrom
Joseph Platt
The Randi & Clifford Lane Foundation
Rona Jaffe Foundation
Francesco Scattone
Veronica Schultheis
Sterling National Bank Charitable Foundation
Stop & Shop NY Metro Division
The Sunshine Foundation
Maryanne Telesca
The Petrosino Family Foundation
Theodore Cross Family Charitable Foundation
TJX Foundation, Inc.
Trucking Association of New York
VCA Animal Hospitals
Wakefern Food Corp./Shoprite
Wakefern ShopRite LPGA Classic
Will Sing For Food
William R. Kenan, Jr. Charitable Trust
Wounded Warrior Project
## Statement of Financial Position

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<thead>
<tr>
<th>Assets</th>
<th>2019</th>
<th>2018</th>
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<tr>
<td>Current Assets</td>
<td>$7,206,999</td>
<td>$6,955,722</td>
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<td>Fixed Assets, net</td>
<td>3,293,427</td>
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<td>Other Assets</td>
<td>930,150</td>
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<td><strong>Total Assets</strong></td>
<td><strong>$11,430,576</strong></td>
<td><strong>$10,653,232</strong></td>
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<tr>
<th>Liabilities</th>
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<tr>
<td>Current Liabilities</td>
<td>$1,182,772</td>
<td>$962,938</td>
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<th>Net Assets</th>
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<tbody>
<tr>
<td>Without Donor Restrictions</td>
<td>9,580,999</td>
<td>9,292,601</td>
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<tr>
<td>With Donor Restrictions</td>
<td>666,805</td>
<td>397,693</td>
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<td><strong>Total Net Assets</strong></td>
<td><strong>10,247,804</strong></td>
<td><strong>9,690,294</strong></td>
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| Total Liabilities and Net Assets | $11,430,576 | $10,653,232 |

## Statement of Activities

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Total</th>
<th>Pct</th>
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<tr>
<td>Public Support and Fundraising</td>
<td>$4,561,466</td>
<td>21.0%</td>
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<tr>
<td>Government Funding</td>
<td>3,924,428</td>
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<td>Distribution Revenue</td>
<td>202,219</td>
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<td>Donated Food and Materials</td>
<td>12,679,222</td>
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<td>Other Income</td>
<td>374,580</td>
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<td><strong>Total</strong></td>
<td><strong>$21,741,915</strong></td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th>Total</th>
<th>Pct</th>
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<tbody>
<tr>
<td>Program Expenses</td>
<td>$18,942,691</td>
<td>92.5%</td>
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<tr>
<td>Administrative Expenses</td>
<td>879,733</td>
<td>4.3%</td>
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<td>Fundraising Expenses</td>
<td>646,416</td>
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<td><strong>Total</strong></td>
<td><strong>$20,468,840</strong></td>
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The above data has been condensed from the Financial Statements audited by Nawrocki Smith, LLP Certified Public Accountants of Melville, New York.

Copies of the audited statements through year ended December 31, 2019, including the accountant’s unqualified opinion dated April 27, 2020, are available upon request from Long Island Cares, Inc.
Revenue

Distribution Revenue 0.9%
Public Support and Fundraising 21.0%
Government Funding 18.1%
Other Income 1.7%
Donated Food and Materials 58.3%

Expenses

Program Expenses 92.5%
Administrative Expenses 4.3%
Fundraising Expenses 3.2%
Our mission

To bring together all available resources for the benefit of the hungry and food insecure on Long Island and, to the best of our ability, provide for the humanitarian needs to our community. Our goals are to improve food security for families, sponsor programs that help families achieve self-sufficiency, and educate the public about the causes and consequences of hunger on Long Island.

EIN 11-2524512
P (631) 582-FOOD    F (631) 273-2184
licares.org