



## **PRACTICE-A-THON 2010**

Dear Music Teachers,

During the month of March, music students across Long Island are invited to take part in a Practice-a-Thon with all proceeds going to the Long Island Cares Inc., The Harry Chapin Food Bank. Our mission is to strengthen students' practice habits while supporting the Long Island Cares.

It often surprises people to learn that there are many thousands of people who are at risk of hunger on Long Island, a region officially designated as one of the most prosperous in the United States. Last year, over 35 schools participated in the Practice-a-thon and together we raised over \$27,000. Alone we can do so little; together we can do so much!

**Music teachers who participate will need to copy and hand out the Student Packets then collect the pledge money. The money will then be sent to:**

**Robin Amato**, Director of Development  
Long Island Cares, 10 Davids Drive, Hauppauge, NY 11788

Contact me below if you have any questions and thank you in advance for any help you can offer. Feel free to pass this information along to other music teachers.

Sincerely,

Peggy Rakas  
Program Coordinator, "The Harry Chapin Food Bank Practice-a-thon"  
N. Merrick Schools  
mrakas@nmerrick.org

**Teachers, click [here](#) to download the 2010 Practice-a-thon student participation certificate. Save as a template, type in the student's name, and print (in color if possible). Microsoft PowerPoint is required.**



**PRACTICE-A-THON**  
**March, 2010**  
**Parent Letter**

Dear Parents,

During the month of March, music students across Long Island are invited to take part in a Practice-a-Thon with all proceeds going to the [Long Island Cares, Inc., The Harry Chapin Food Bank](#). Our mission is to strengthen students' practice habits while supporting the Long Island Cares.

The Harry Chapin Food Bank was founded in 1980 by the late singer Harry Chapin in response to the problems of hunger and poverty on Long Island. It often surprises people to learn that there are many thousands of people who are at risk of hunger on Long Island, a region officially designated as one of the most prosperous in the United States.

According to [Hunger in America](#), a comprehensive study of domestic hunger, an estimated 259,000 Long Island residents – including nearly 93,000 children and 39,000 seniors – are hungry. With our contribution to the Harry Chapin Food Bank, we can help to provide them with the food they need.

Students who participate in the Practice-a-thon will need to document their daily practice on the enclosed "calendar". Sponsors will pledge an amount of their choice per minute the student practices during the month of March. Pledges can be anywhere from \$.01 per minute and higher.

Each student will collect from sponsors at the end of March and submit the pledge money, with checks made out to "Long Island Cares," to their music teachers. They will make sure the money goes to Long Island Cares.

Contact me below if you have any questions and thank you in advance for your participation.

Sincerely,





# Practice-a-thon Student Packet

March 2010

Raising money for  
Long Island Cares, Inc.  
The Harry Chapin Food Bank



## Practice-a-Thon March 2010

### Mission

During the month of March, music students across Long Island are invited to take part in a Practice-a-Thon with all proceeds going to Long Island Cares Inc., The Harry Chapin Food Bank. Our mission is to strengthen students' practice habits while supporting the Long Island Cares.

### What You Need to Do

#### STEP 1

Ask your family members to pledge a penny, nickel, dime, or quarter for each minute you practice. Even one penny a day can make a difference.

#### STEP 2

Try to practice every day during the month of March. Keep track of your practice minutes on the Daily Practice Log. The more you practice, the more you will help the Harry Chapin Food Bank and the more you will strengthen your playing. Strive for at least 150 minutes a week.

#### STEP 3

Collect your pledges during the first week of April. Checks should be made payable to **Long Island Cares**. Pledges are tax deductible. Please thank your sponsors with a card or email.

#### STEP 4

Turn in your pledge money along with your Daily Practice Log into your music teacher **during the first week of April**. Be proud of yourself for providing help to the families on Long Island and for improving your playing!

**Teachers: Mail pledges to**

Robin Amato, Director of Development  
Long Island Cares, 10 Davids Drive, Hauppauge, NY 11788



Musician's Name: \_\_\_\_\_

*The Harry Chapin Food Bank*  
Practice-a-Thon

**MARCH 2010**

**DAILY PRACTICE LOG**

**Directions:** Please note the number of minutes practiced each day.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1 ____ minutes	2 ____ minutes	3 ____ minutes	4 ____ minutes	5 ____ minutes	6 ____ minutes
7 ____ minutes	8 ____ minutes	9 ____ minutes	10 ____ minutes	11 ____ minutes	12 ____ minutes	13 ____ minutes
14 ____ minutes	15 ____ minutes	16 ____ minutes	17 ____ minutes	18 ____ minutes	19 ____ minutes	20 ____ minutes
21 ____ minutes	22 ____ minutes	23 ____ minutes	24 ____ minutes	25 ____ minutes	26 ____ minutes	27 ____ minutes
28 ____ minutes	29 ____ minutes	30 ____ minutes	31 ____ minutes			

Total  
Week #1 \_\_\_\_\_

Total  
Week #2 \_\_\_\_\_

Total  
Week #3 \_\_\_\_\_

Total  
Week #4 \_\_\_\_\_

Total  
Week #5 \_\_\_\_\_

Parent Signature \_\_\_\_\_ Total Minutes \_\_\_\_\_



Musician's  
name \_\_\_\_\_

**THE HARRY CHAPIN FOOD BANK  
PRACTICE-A-THON PLEDGE FORM**

Thank you for your support of our "*The Harry Chapin Food Bank*" Practice-a-Thon! Music students will devote the month of March to raising money for Long Island Cares and to strengthening their practice habits. Please pledge a penny, nickel, dime, or quarter for each minute of this musician's practice. Even small change makes a difference! Your contribution is tax deductible.

Name	Address or email	Pledge per minute	Total owed ( <i>minutes practiced x pledge</i> )

Please return money and the practice log to your music teacher during the first week of April. Monetary donations will be accepted after that date. Thank you very much for participating..

Please make checks payable to: ***Long Island Cares***

Teachers: Please send pledges to:

Robin Amato, Director of Development  
Long Island Cares, 10 Davids Drive, Hauppauge, NY 11788