

Sign Up to Volunteer!



USPS Letter Carriers Food Drive 2008

May 10, 2008 & May 12-15, 2008

Please join us in this wonderful opportunity to assist our fellow Long Islanders! You can help in two ways:

- Donate non-perishable food items**—place them at your mailbox on Saturday, May 10th. They will be collected by your letter carrier and deposited at the local post office.
- Volunteer to sort and pack food.** Island Harvest, and Long Island Cares-The Harry Chapin Food Bank will distribute the food to 500+ nonprofits that feed people.
To volunteer, please complete this volunteer registration form by **April 30th**. If you are with a large group, please fill out one master form for the group leader and attach a list of all participants' names and contact information.

Kindly return all forms to **Christine Brown** at **Long Island Cares** by **April 30th**:

by mail: Long Island Cares **by fax:** (631) 273-1375
 10 Davids Drive **or by e-mail:** cbrown@licares.org
 Hauppauge, NY 11788 **Questions?** (631) 582-3663, ext. 120

We will contact you to confirm your scheduled shifts, and provide you with the location and directions. Please note that for safety reasons, the minimum age to volunteer is 13. All groups with minors (under 18) must bring adequate supervision (minimum 1:8 ratio). Thank you for your willingness to reach out to a neighbor in need!

Please note, you will be contacted with the location of the Food Drive as soon as it is announced.

Volunteer Registration Form—NALC/USPS Food Drive (Please Print Clearly)

Name (s) _____

Address _____

Town/State/Zip _____

E-Mail (**strongly preferred**) _____

Phone (h) _____ (w) _____ (c) _____ (fax) _____

Are you coming with a company or other group? If so, which? _____

Emergency Contact (name/relation/phone) _____

*Hundreds of volunteers are needed! Please **circle the shifts you want**—as many as you want!*

Saturday, 5/10	Monday, 5/12	Tuesday, 5/13	Wednesday, 5/14	Thursday, 5/15
	8:30-10:30 AM	8:30-10:30 AM	8:30-10:30 AM	8:30-10:30 AM
	10:30 AM-12:30 PM	10:30 AM-12:30 PM	10:30 AM-12:30 PM	10:30 AM-12:30 PM
	12:30-2:30 PM	12:30-2:30 PM	12:30-2:30 PM	
4 PM-6 PM	2:30 PM-4:30 PM	2:30 PM-4:30 PM	2:30 PM-4:30 PM	
6 PM-8 PM	4:30 PM-6:30 PM	4:30 PM-6:30 PM	4:30 PM-6:30 PM	
8 PM-10 PM	6:30 PM-8:30 PM	6:30 PM-8:30 PM	6:30 PM-8:30 PM	
	7:30 PM-9:30 PM	7:30 PM-9:30 PM	7:30 PM-9:30 PM	

Volunteer needs will vary depending on the amount and types of food received. We will make every attempt to contact you if volunteers will not be needed for your assigned shift.

For more information, please visit www.islandharvest.org, www.licares.org, www.nalc.org, or www.unitedwayli.org
 Referred by: Long Island Cares _____ Island Harvest _____ United Way _____ Other _____